

# The Londonderry Monthly

Volume 10 Number 4

April 2019

## Letter from the Editor:

Happy Spring... I think. April is tough. Taxes are due in April. I was born in April. Shower and flowers and all that. In reality - in VERMONT reality -it is MUD season and not many flowers. Which is ok as we are still skiing. Every year we are stumped with how do we celebrate a birthday now that we are old, pretending we aren't, and still wanting to honor the day. I am an unabashed, unapologetic CHER fan. So during the winter wind down, dreary rain, still flurrying, mud rutted mess- I am going to put my sequins on and shimmy to the POP DIVA for a few hours and dance with abandon before I slide my rubber boots back on to return to the reality that I love - no matter how messy - in beautiful Londonderry. Bring on the mud.

Not only Cher sparkles. There are certain people who become the heart of an institution. Obviously, they don't do it alone and they always shy away from praise and deflect the glory to the contributions of their team - but you know who they are. And Mary Claire was that to Neighborhood Connections and the community at large. I will print the quote from NC below as they have said it perfectly:

**"All of us at Neighborhood Connections extend a special THANK YOU to Mary Claire! Mary Claire, THANK YOU for all your hard work and dedication to Neighborhood Connections and the community over the years! NC would not be where it is today without your contributions, from coordinating volunteers to developing a robust community center; The Meeting Place. You have been instrumental in bringing the entire community together and making the Meeting Place a successful venue enjoyed by all."**

But the beat goes on, so we would like to welcome Maggie Kaiser as the new Program Coordinator at NC. Let's all help and welcome her as she has big tiny shoes to fill!

Darcy Duval

# The Londonderry Monthly



These lectures are offered at no charge, but **please register to attend by calling 824-4343**



## Parting Words from MC

As most of you know, I am retiring this week from Neighborhood Connections. What a bittersweet time. I will miss the people I work with and *you* - the people I have met through The Meeting Place. You have made these five years so worthwhile to me. Thank you for supporting Neighborhood Connections by attending programs and/or by sharing your talents here and especially for the meaningful moments we have shared. Our conversations and interactions have been true blessings. There is no other way to put it.

Leaving is easier knowing that Maggie inherits the reins. She will be fantastic for the organization and is excited about joining the team.

Until we meet again.... *mc*

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# **The Londonderry Monthly**

**WELCOME MAGGIE TO NEIGHBORHOOD CONNECTIONS!**



## **Maggie Kaiser Joins Neighborhood Connections**

**Please join us in welcoming Maggie Kaiser as Program Coordinator beginning April 8<sup>th</sup>. She assumes the responsibility previously held by MC Schwartz.**

**Many of you may be familiar with Maggie, since she has been Care Coordinator at MVMC for the past two years. In that capacity she has worked closely with both Regina and Noreen and is very familiar with our agency and the community we serve. Maggie will be a great addition to the team! Stop in and say hello!**

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**Tai Chi returns in April** Doreen Fabiano will hold six-week Tai Chi sessions at NC. Originally conceived as a Chinese martial art, Tai Chi offers excellent overall health benefits. The practice aids in fall prevention, diabetes, arthritis and balance.

Beginners April 1 - May 6 **10-11a**

Level II April 4 - May 9 **6-7p**

Advanced April 1 - May 6 **12-1p**

**AARP Free Tax Aide Appointments Still Available!** There are openings for AARP tax preparations available on Tuesday, April 2nd and Tuesday, April 9th. Call us at 824-4343 to schedule an appointment.

**LEARN HANDS-ONLY CPR** -According to the American Heart Association, about 90% of people who suffer out-of-hospital cardiac arrests, die. When a person goes into cardiac arrest, survival depends on immediately receiving CPR from someone nearby. Would you know what to do? Join the Londonderry Volunteer Rescue Squad at Neighborhood Connections on Tuesday, April 9th at 6:00p to learn Hands-Only CPR which is a form of resuscitation without mouth-to-mouth breaths. Space is limited, so please call 824-4343 to register.

**Soup Social Planned for April 24<sup>th</sup>** - Another *Soup Social* is planned for Wednesday, April 24th at noon. Sponsored by The Collaborative, Lini Mazumdar will provide the soups. What a treat! Come on out and mingle with your neighbors! Please RSVP to reserve your space today.

**Bees & Biodiversity** - Pollination is an ecological service that is essential to human life – and bees are some of the most important crop pollinators. But pollinators need landscape biodiversity – preferably native flora – to thrive and stop species decline. On Thursday, April 18<sup>th</sup> at 2pm, Cheryl Wilfong will discuss bees and biodiversity at Neighborhood Connections. Cheryl teaches mindfulness meditation at Vermont Insight Meditation Center and Northampton Insight. She also writes an award-winning blog at [themeditativegardener.blogspot.com](http://themeditativegardener.blogspot.com).

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## Wantastiquet Rotary Club

### Award for Excellence

Wantastiquet Rotary Club is seeking students to apply for scholarships for the coming year. Deadline for making application is April 15<sup>th</sup>. If you are a graduating senior within the following towns, Jamaica, Londonderry, Peru, Stratton, Weston, Windham, or Winhall please send your completed application to

Bob Fish  
243 Sherwood Forest  
Londonderry, Vermont 05148  
or email to [onebobfish@gmail.com](mailto:onebobfish@gmail.com).

Applications are available at your respective high school.

Last year over \$6000.00 was distributed to graduating seniors. A thank you to all that participated in Rotary fund raisers! Without your support we could not have made these funds available to these students!

### LONDONDERRY FIRE DEPARTMENT STATS

In 2018 **Phoenix Fire** responded to a record number of 91 calls as follows: 27 motor vehicle accidents, 7 structure fires, 3 chimney fires, 15 alarms, 17 tree/wires down, 2 LZ staging, 1 car fire, 9 public assists, 6 outside burns and 4 odor investigations.

In 2018 **Champion Fire** responded to a total of 57 calls for South Londonderry and surrounding communities. Those were: 2 structure fires, 13 alarms, 6 car accidents, 3 chimney fires, 10 power line issues, 3 hazmat, 4 EMS assists, 1 search/rescue and 2 miscellaneous calls. We responded to 13 calls in neighboring towns for mutual aid. A total of 448-man hours were spent on the calls.

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## SOUTH LONDONDERRY FREE LIBRARY

Happy Springtime to everyone!

Stop in and check out some of our spring-related books. For children: AND THEN IT'S SPRING, BABY LOVES SPRING, SIGNS OF SPRING or LAUGHING TOMATOES AND OTHER SPRING POEMS.

Adults might like to borrow SKETCHING OUTDOORS IN SPRING or SPRINGTIME IN BRITAIN. Or just pop in and check out some recent donations and Best Sellers - THE DEVIL'S MUSE by Bill Loehfelm, THE TATTOIST OF AUSCHWITZ by Heather Morris, BAD BLOOD by John Carreyrou, THE ISLAND OF SEA WOMAN by Lisa See, and THE ONLY WOMAN IN THE ROOM by Marie Benedict.

Children would like MILK AND COOKIES, THE LITTLE GREEN CATERPILLAR, MADELINE AND THE GYPSIES, SO YOU WANT TO BE AND INVENTOR? STARS, THE BED BOOK or to take home a movie – PETE'S DRAGON, A SERIES OF UNFORTUNATE EVENTS, THE KARATE KID or FANTASIA.

Our amazing Casey Junker Bailey will present a springtime event on Saturday, April 27<sup>th</sup> at 10:30 for children of all ages. By that time Mud Season should be over, we hope.

See you at the Library!

Mary K. Butera

Library hours are Mondays, Wednesdays and Fridays from 10 to noon & 1 to 5 pm. We are open additional hours on Wednesday evenings from 7 to 9 pm and on Saturdays we are open from 10 am to 1 pm. We are located at 15 Old School Street; the phone number is 824-3371 or you can contact us via email at southlondonderryfreelibrary@yahoo.com.

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Kids & Casey Junker Bailey making elves & fairies at the library!

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## Did you know?

**Your trees are an important food source for Vermont's birds and other wildlife.**

Mast trees and shrubs produce fruit, nuts, or seeds eaten by wildlife. Oak, beech, pin cherry, apple, serviceberry, winterberry, hawthorn, and dogwood are examples of food species in Vermont. Some wildlife, like wild turkeys and bears, seek fruit and nuts for a large part of their diets. With proper management, like thinning and creating young forest, **you can encourage mast species to produce more food for wildlife on your property.**



**The Woods, Wildlife and Warblers program is currently offering factsheets, *Managing Your Woodlot with Birds and Wildlife in Mind*, to Vermont landowners.**

To learn more and request your free factsheet, please visit [www.vtwoodsandwildlife.org/flyer](http://www.vtwoodsandwildlife.org/flyer) or call Kathleen at **802-747-7900**. We hope to hear from you soon!

**Tip: Use your phone to take a photo of this flyer.**

*Woods, Wildlife and Warblers is a nonprofit partnership between Vermont Woodlands Association, American Forest Foundation, Audubon Vermont, and Vermont Tree Farm Program. Our goal is to give Vermont landowners the knowledge, tools, and resources you need to better care for your woods and the wildlife that inhabits them.*

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**Seventh Annual  
West River  
Trail Run**

**Saturday,  
June 1<sup>st</sup>**

**11 Miles of Trouble &  
5K Fun Run/Walk**

**11 Mile Race starts at 9am at the South Londonderry Depot. \$35 individual registration, \$75 for three-person relay team\***

**5K race starts at 9:30am at Jamaica State Park. \$25 registration per person or \$65 for family of four\***

**All racers will finish at Jamaica State Park, and receive a wicking t-shirt, a goodie bag, a participant medal, and a chance to win a Farmers Market Basket for six different age groups full of local Vermont goodies. Live music, raffles and food for everyone to enjoy!**

**\*Registration price increases March 29th**

**Registration and more information at [collaborative.us/westrivertrailrun](http://collaborative.us/westrivertrailrun)**

**The Collaborative  
20 YEARS  
DEVELOPING HEALTHIER COMMUNITIES**

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**Article Submission Information** If your group or organization has community news to share, and you would like to submit an article to The Monthly for publication, please contact us via email at [derrynews@aol.com](mailto:derrynews@aol.com). For your reference, our article submission deadline is the 25<sup>th</sup> of each month. Due to space limitations it is up to our discretion to edit any and all submissions and/or reject submissions. The articles and information enclosed do not necessarily reflect the opinions or policies of the Town of Londonderry or its board members  
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**TOWN EMAIL LIST** The town has established an Email/distribution list to send important and emergency information to town residents and property owners. If you have not submitted your email address, please consider doing so. Your information will not be shared with anyone.

Call the town office at 824-3356 or email to [townclerk@londonderryvt.org](mailto:townclerk@londonderryvt.org)